

Patient Name Date

All patients tested should provide the Sleep Center with a list of their current medications – both prescribed and over the counter, to include Herbal remedies. It is imperative the Sleep Physician be aware of all medications to accurately assess your sleep. You may provide a hand written or pre-typed list of medications or you may be able to verify the list provided by your Primary Care Physician is complete – in either of these cases, it is not necessary to list your medications again here.

Medications

Medication	Dosage	Why are you taking this medication?	How long have you been taking this medication?